

CLASS OF

20  
28

SARAH  
LAWRENCE  
COLLEGE

# Parent and Family Handbook

Welcome to the Sarah Lawrence College community!

# WELCOME TO SARAH LAWRENCE!

Dear Parents and Families,

As we welcome your student to Sarah Lawrence College, we extend our warmest greetings to you, the newest members of our vibrant community. This comprehensive manual is designed to navigate the transition to college life, offering detailed insights into our academic philosophy, campus resources, and how you can support your student's journey.

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## A Distinctive Educational Approach

Sarah Lawrence's unique educational model emphasizes personalized learning, creative and critical thinking, and the development of independent study projects under the guidance of faculty mentors. Our curriculum encourages students to explore a wide range of disciplines, fostering a depth of knowledge and a breadth of perspective.



# 2024-25 ACADEMIC CALENDAR

## Fall 2024

Monday, August 19 – Wednesday, August 21 - Undergraduate Donning and interviews occur online for Fall

Wednesday, August 21 (afternoon) - First round online course selection

Thursday, August 22 - First round student placements

Friday August 23 - Second round donning and interviews occur online, second round online course selection

Monday, August 26 - Second round student placements

Wednesday, August 28 - New students arrive for Opening Day

Thursday, August 29 - Saturday, August 31 - New Student Orientation

Saturday, August 31 - Move-in for returning students

Monday, September 2 - Undergraduate and graduate classes begin

Monday, September 2 - Friday, September 12 - Add/drop period

Monday, October 14 - Tuesday, October 15 - Study days

Friday, November 8 - Last day to withdraw from Fall classes

Wednesday, November 27 - Sunday, December 1 - Thanksgiving break

Monday, December 2 - Wednesday, December 11 - Drop period for Spring portion of Yearlong courses

Friday, December 13 - Undergraduate classes end

Saturday, December 14 - Residence Halls close at 10:00am

## Spring 2025

Tuesday, January 14 - Wednesday, January 15 - Undergraduate Donning and interviews occur online for Spring

Thursday, January 16 - First round online course selection

Friday, January 17 - First round student placements

Monday, January 20 - Second round donning and interviews, second round course selection occur online

Tuesday, January 21 - Second round student placements

Tuesday, January 21 - Move-in for returning students

Wednesday, January 22 - Undergraduate classes begin

Wednesday, January 22 - Wednesday, February 5 - Add/drop period

Saturday, March 8 - Sunday, March 16 - Spring Break

Friday, March 28 - Last day to withdraw from Spring classes

Tuesday, May 6 - Undergraduate classes end

Wednesday, May 7 - Residence Halls close at 12:00pm for all non-graduating students

Friday, May 9 - Commencement

Friday, May 9 - Residence Halls close for graduation seniors at 6:00pm

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## Empowering Your Student

Parents can encourage their student(s) to get involved with student clubs and organizations on campus, and to autonomously seek out the academic support resources of the College. Help student(s) to see themselves as their own best advocate(s), and gently encourage them to solve their own problems using our wide offering of college resources at their disposal.

Parents can empower students to advocate for themselves by letting them manage their own time, schedule appointments on their own, and advocate for themselves by reaching out to resources. While it can be hard to get out of the habit of scheduling your student's appointments, it's important to give students the opportunity to manage the tasks of living on their own and learning how to be an adult. By encouraging your student to seek out and reach out to resources, you can teach your student the valuable and empowering skill of advocating for oneself.

Additionally, there are many opportunities to be further involved in the community as a parent and family. We recognize that SLC parents and families are equally as creative and dynamic as their students, and we encourage you to bring that ingenuity to Sarah Lawrence! Families support the College and student body by attending virtual and in person events, by acting as ambassadors at Sarah Lawrence events in your home community, by offering internships and career counseling support, and through fundraising activities. For more information on other opportunities to get involved, visit [www.sarahlawrence.edu/parents/](http://www.sarahlawrence.edu/parents/).

## Supporting Students Through Academic Transitions

Sarah Lawrence's unique curriculum and opportunity for academic freedom may be the first time students are fully in control of their education. While it may be the first time you and your students are experiencing this type of education, keep in mind it's not the first time for faculty and staff who will support and advise your student through this transition. The FAQ section of this document provides answers to some common academic questions you and your student may have.

## Keeping in Touch

College students are at a time in their lives where their developmental job is to individuate and separate from their family. Allowing your young adult to decrease their frequency of contact with you (even with less frequent texting) can be a way to allow this normative developmental process. While often well-intentioned, daily contact can hinder their ability to generate their own skills of weathering challenges and growing their wings.

Students deal with transitions in different ways, and may need different levels of support from you during this new phase in their lives. Your relationship with your student(s) may change, and that's okay! In order to navigate this expected change:

- Talk with your student before they move in, and make a plan of how often you will check in or talk. But, don't be offended if that plan falls through! Students are busy meeting new people, adjusting to their new workload, and keeping up with new schedules. This doesn't mean they need you any less, just that the ways in which they need you may be changing.
- While you may be tempted to reach out to your student's don or SLC faculty and staff to get a sense of how they're doing, please resist. It is important to give your student the space to develop their own relationships of trust and mutual respect with their new community.
- Encourage your students to reach out to the resources around them, such as Gryphon Guides, RAs, academic deans, coaches, and dons!
- Affirming to your student that you will remain available to them as needed and are there to support in a non-judgmental way allows them to seek you out as needed.



## What to Expect

- Expect that you may hear from your student less frequently than you are used to when they were living at home.
- Expect them to make mistakes; they are navigating new situations for the first time and this is a learning experience. Remember that some of these mistakes help your student grow as an individual and develop skills for adulthood.
- Encourage them to address their own problems. When you intervene to “fix” your student’s difficulties versus encouraging them to use the resources on campus, it disinhibits them from developing the important skills and strengths of self-advocacy, individuation, and facing challenges in their lives.
- Don’t panic when they panic. More often than not, the panicked or distressed call home is their first step in helping them resolve a situation for themselves. Listen as they describe their difficulty and direct them to resources, as well as providing permission to struggle in small ways. Sometimes it helps to ask, “are you looking for help with solutions or do you just need a sounding board?”

## Send a Care Package!

Order care and gift packages through the Sarah Lawrence College ECampus bookstore, or send one on your own! All mail and packages should be addressed as follows:

Student’s Name

SLC, Mail #XXXX

1 Mead Way

Bronxville, NY, 10708





# PARENT AND FAMILY ENGAGEMENT

## Staying Connected and Involved



### **Parent and Family Programs:**

There are several ways in which Parents and Families can engage with their students' college experience at Sarah Lawrence College. Families are able to attend events virtually or in person, be it a performance, reading, athletic event, or showcase.

At the end of October, Sarah Lawrence offers an annual Family and Friends Weekend, welcoming loved ones onto campus to celebrate the academic and social communities their students engage with. This weekend offers an immersive opportunity for parents, families, and friends to get to know what the Sarah Lawrence College experience looks like for their student right alongside them. Student showcases, athletic events, live performances, campus tours, informational sessions, and a family fun night are just some of the activities families and friends have the option to participate in, well acquainting them with all aspects of campus life.

Parents who wish to stay up to date with campus activities and updates can fill out the SLC Parent Questionnaire here:

<https://www.sarahlawrence.edu/parents/update/>.

Information on events, workshops, and opportunities for parents to engage with the college community.

# PARENTS COUNCIL

## Join the Parents Council!

The Parents Council is the College's family philanthropy group dedicated to fostering a robust and informed parent community. Members of the Parents Council make an annual contribution of \$1,000 or more to The Fund for Sarah Lawrence. The Council has a staff liaison at the College who works closely with Council leaders to strengthen the relationship between the College and all Council members. The Council meets twice each year over Zoom with select faculty and administrators so that members can learn more about important campus topics. In addition, other Council activities include:

- invitations to receptions and events featuring campus leaders and students
- receiving regular College notifications to keep them up to date about campus happenings
- networking with other Parents Council member

For more information on these opportunities, please visit <https://www.sarahlawrence.edu/giving/fund/parents-council.html> or contact staff liaison and Associate Director of Leadership Annual Giving, Nicole Bedoya.

Nicole Bedoya

Associate Director of Annual Leadership Giving

[nbedoya@sarahlawrence.edu](mailto:nbedoya@sarahlawrence.edu)

914.813.9243



## Get Involved

Getting involved at Sarah Lawrence presents a unique opportunity to contribute meaningfully to the community that shapes your student's academic and personal growth. We invite you to explore various avenues to stay engaged and support our mission.

## Make a Gift

Consider making a gift to [The Fund for Sarah Lawrence](#). Your generosity directly provide a vital source of unrestricted support that allows the College to maintain its high academic standards, provide quality educational programs, underwrite scholarships, faculty, and other academic resources. Gifts from parents to the Fund for Sarah Lawrence are used to provide for the most pressing needs of the College. To make a gift, please visit [slc.edu/give](http://slc.edu/give).

## Volunteer

Encourage fellow parents to support The Fund for Sarah Lawrence through fundraising calls or by writing notes.

## Career Support

Collaborate with the Office of Career Services by offering internships, job placements, or informational interviews. Your professional insights and opportunities can pave the way for our students' future success, providing them with invaluable real-world experience.



# ACADEMIC LIFE AND SUPPORT

## CREATING A PERSONALIZED EDUCATION

### **First Year Studies**

All first year students are placed in a First Year Studies (FYS) course designed to introduce students to the college's pedagogical approach. These classes are primarily year-long seminar style classes alongside other first year students, with the teacher serving as the student's don (academic advisor) throughout their time at the College. During their FYS class, students participate in one-on-one conferences with their don to develop their self-directed independent work, discuss their academic interests and hone their course of study. Students choose FYS classes from courses offered in nearly all areas of study. For more information on the First Year Studies model, visit <https://www.sarahlawrence.edu/new-students/choosing-first-year-studies.html>.

### **Conference Work**

Students at Sarah Lawrence complete conference work throughout each semester for all seminar style classes. Conference work refers to independently driven research projects that reflect a student's own interests as they pertain to the subject matter of their classes. Students work in collaboration with their professors to explore what parts of their class most interest them, resulting in a research based paper or project.. Conference work is rooted in the course's content but students enrolled in seminars or lectures work produce projects ranging from traditional research papers to screenplays.

### **Donning Model - Academic Advising and Planning**

Another aspect of Sarah Lawrence's unique academic model is our Donning system. Dons are academic advisors who work closely with students to build their path throughout their time at the College. First year and transfer students are assigned dons prior to starting classes. This allows dons to meet with their donees before registration to discuss what classes interest them and help guide them through the registration process. After their first year, a student will meet with their don again during each registration period to discuss their class options. Dons work closely with each student to customize their academic experience at Sarah Lawrence, from exploring study abroad opportunities, to creating an academic path individually catered to their interests.

# Academic Resources

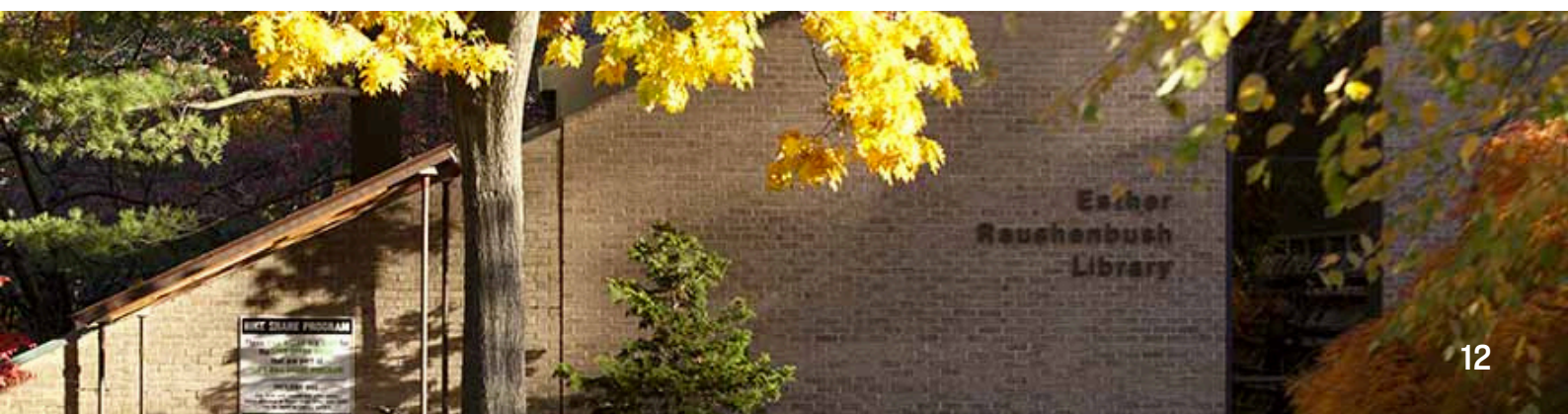
## Library and Research Facilities

The Esther Raushenbush Library offers a vast selection of resources for students to utilize in their academic studies and beyond. The library offers an extensive collection of books, as well as online resources and databases for various areas of study. Students also have access to the college's archives, the William Schuman Music Library, and the Interlibrary Loan system, which allows students to access resources from schools across the country. The library is home to a variety of study spaces that accommodate both individual and group study. The library also hosts a variety of events, both academic and social, such as research and digital humanities workshops, faculty talks, seasonal events, the SLCPodcast, and even a Library Takeover Party to kick off the school year. Also available for student use are communal sewing machines, a 3D printer, board games, blankets and puzzles.

In addition to the extensive list of the library's physical and online resources, students have access to a devoted support staff. Students can book appointments with librarians for assistance in all phases of their research and digital humanities projects. They can also be trained on using the sewing machine, 3D printing and podcasting.

## Learning Commons:

The Learning Commons, located on the main level of the library, offers a variety of academic support services to all students. Academic coaches are available to meet with students to develop their time management, organization, and study skills. Writing mentors meet individually with students to offer organizational, grammatical, and citation tips for any writing-based assignments and conference projects. Peer tutoring sessions include all introductory, and some intermediate, math and science courses, as well as a variety of languages. The LC also hosts a variety of interactive workshops throughout the year on topics geared to support students' academic growth. [Please visit our website to learn more!](#)



# FINANCIAL AID AND STUDENT ACCOUNTS

## NAVIGATING FINANCIAL SUPPORT



### Financial Aid

The first step in the Financial Aid process is filling out the [Free Application for Federal Student Aid](#), or FAFSA. The FAFSA considers parent and student contribution, as well as other factors, to calculate the Student Aid Index (SAI). Sarah Lawrence then determines the student's eligibility for assistance based on the Cost of Attendance and the SAI.

Once financial need is determined, students may receive financial aid awards in the form of institutional aid, federal aid, or state aid. Institutional aid is not determined by the FAFSA, but by the College. Institutional aid does not need to be repaid, and may include merit scholarships and/or need-based Sarah Lawrence grants. Federal and state aid is determined by information provided on the FAFSA, and may include the Federal Pell Grant, Federal Supplemental Educational Opportunity Grants, and State Grants. Other forms of aid include Federal Work Study, Federal Direct Student Loans, and/or Federal Direct Parent Loans for Undergraduate Students. Students may also apply to outside scholarships, which must be reported to the College immediately.

For more information on Financial Aid processes and deadlines, visit the [Sarah Lawrence Guide to Financial Aid](#). The Office of Financial Aid provides a list of Frequently Asked Questions on the Sarah Lawrence website:

<https://www.sarahlawrence.edu/student-accounts/faq.html>.

Students may also access information on [MySLC](#).

Note: Students must reapply for financial aid by filling out the FAFSA every year.

# Student Accounts

## Tuition & Waivers

- All resident First Year Students are required to use Meal Plan A, B, or C. Students may change this via the student plan meal form on MySLC.
- Student Health Insurance is required unless the student completes the [Health Insurance Waiver](#).
- Tuition Refund Insurance is required unless the student completes the [Tuition Refund Insurance Waiver](#).

## How to Make a Payment

All students must complete the [Terms of Payment Policy](#) (MySLC login required) before registering.

- Online Payments
  - Online tuition payment is available via Nelnet, which students may access through [MySLC](#).
  - Students can authorize a third party on their Nelnet account who can also make payments and enroll in a payment on their behalf. Authorized parties will receive their own Nelnet credentials to log onto the student account. For more information regarding Nelnet click [here](#).
- Mail Payments
  - Checks submitted as payments should be made payable to Sarah Lawrence College and mailed to:

Sarah Lawrence College

Attn: Student Accounts

P.O. Box 8000 Department 120

Buffalo, NY 14267

- Please be sure to include the student's name and ID number on all checks.
- International Payments
  - International students may now pay their Sarah Lawrence tuition using the currency of their home country. To do so, please submit your payment via the secure service [Flywire](#).
    - For more information about [Flywire](#).
  - How to Make Payment from [China](#) or [India](#).

## Payment Plans

Students and families have the option of enrolling in monthly payment plans through the college's electronic billing provider Nelnet. Plans will be available on a semester basis only. Payments will be processed via ACH, or credit card, automatically on the 5th of each month. An enrollment fee of \$55 and a down payment for the first month of the plan will be required at the time of enrollment. Each student may only have one active payment plan per semester.

The dates for enrollment in the payment plan, as well as the dates for each monthly payment can be found on [MySLC](#).

# HEALTH, WELLNESS, AND SAFETY

## SUPPORTING STUDENT WELLBEING



### **Important Phone Numbers**

Please note: Due to FERPA policy, specific information about students will not, and legally cannot, be given to parents, family, or other callers.

#### **SLC Health & Wellness Center (M-F; 9am-5pm)**

(914) 395 2350

#### **Campus Safety Emergency 24/7/365**

(914) 395-2222

#### **Campus Safety Non-Emergency 24/7/365**

(914) 395-2209

#### **New York-Presbyterian Westchester Hospital**

(914) 787-1000

#### **Victims Assistance Services of Westchester**

(914) 965-0217



# Health and Wellness Center

Located in Lyles House, the Health & Wellness Center is an integrated model of care, offering both Medical and Counseling & Psychological Services. For an appointment, students can call during business hours or go to the online [Patient Portal](#) and make an appointment.

## Important Resources and Numbers

Emergency: 911

National Suicide and Crisis Lifeline: 988

SLC Health & Wellness Center (M-F; 9am-5pm)

- 914-395-2350

24 hour Mental Health Student Support TELUS (formally MySSP):

- 1-866-743-7732
- texting through the TELUS app (formally MySSP) (free download from app store)

24 hour Hotlines:

- National Suicide and Crisis Hotline: 988
- National Mental Health Lifeline: 1-800-273-8255
- NYC Well (24 hr Mental Health Support): 1-888-692-9355
- Westchester Victim Assistance Services: 914-345-9111
- Students with Wellfleet Student Health Insurance (purchased through the College)
  - Nurse Hotline: 1-800-634-7629
  - Behavioral/Mental Health Hotline: 1-888-857-5462
- Students with other health insurance should check their insurance card for resources



# Medical Services

Our staff is specially trained to understand and treat problems that relate to college-age students and their lifestyles. Medical Services is staffed primarily by Family Nurse Practitioners (FNPs) and Nurses while the College is in session.

## On Campus Care:

Students are seen in person at the Health & Wellness Center by clinicians who are available to:

- Diagnose and treat short-term physical illnesses and minor injuries
- Prescribe common medications for acute illness
- Manage sexual health issues, including testing and treatment
- Provide birth control and sexual protection, including emergency contraception (morning-after pill), Depo-Provera (DMPA) contraceptive injections and prescriptions for oral contraceptives
- Physical exams (sports, study abroad, clinical rotations)
- Referrals to off campus medical providers for ongoing complex medical needs/illnesses
- Provide information and referrals for PrEP, PEP, Transgender Resources in the local and NYC area

## Urgent Care:

During hours that the Health & Wellness Center is open (Monday through Friday, 9 a.m. - 5 p.m.) students should contact the Health & Wellness Center for all urgent care needs. When the Health & Wellness Center is closed, students with serious medical or psychological health concerns may request to be transported directly to the New York Presbyterian Westchester Hospital (formally Lawrence Hospital) Emergency Room by calling SLC Campus Safety at (914) 395-2222. To return to campus from the emergency room, students can call 914-395-2209 (Campus Safety non-emergency line).

There is always a member of the On-Call Residential Staff available (through Campus Safety desk). The staff member can answer questions and put students in touch with health professionals from the Health & Wellness Center when open. To be connected with the on-call staff, students should call Campus Safety (914-395-2209).

## Medical Transport:

Medical Transport is an accommodation available to students with documented disabilities or medical conditions who need assistance getting around the Sarah Lawrence campus. Campus Safety manages the Medical Transport system, working closely with Health & Wellness Services, and Access and Disability Services. Medical Transport will always try to provide as close to door-to-door service on campus but it does not transport students to destinations off campus.

# Counseling and Psychological Services (CAPS)

Sarah Lawrence College Counseling & Psychological Services practitioners are trained to work with a diverse range of issues and can help students identify treatment goals and next steps. Staff are well equipped at treating the diverse needs of undergraduate and graduate students, and routinely treat students for depression, anxiety, relationship issues, and other psychological concerns. Staff includes licensed psychologists, clinical social workers, and a part-time psychiatrist.

## On-Campus Care:

On campus care begins with a tele-health consultation. During this consultation, students and their providers will determine next steps, including:

- Intake appointment.
- Individual psychotherapy sessions.
- Group therapy sessions.
- Let's Talk (20-minute solution oriented support session with a Health & Wellness Therapist.)

A part-time psychiatrist is available for short-term medication management, consultations, and evaluations. Students must have an initial consultation with a staff psychotherapist prior to meeting with the psychiatrist as well as be engaged in ongoing therapy.

## Off-Campus Care:

The SLC Health & Wellness Center has a clinical case manager to assist students with referrals for off campus care and understanding the students health insurance benefits. Students can utilize [Thriving Campus](#) to search for off campus mental health providers.

## Additional Mental Health Support:

The Sarah Lawrence College Health & Wellness Center offers TELUS Health to all enrolled undergraduates and graduate students. TELUS provides all students with immediate, 24-hour support at no cost to the student, regardless of health insurance provider. Students can call or text with a licensed counselor directly from their cell phone from any location.



# Campus Safety

The Mission of the Department of Campus Safety is to enhance the quality of life for the entire College Community and the immediate surrounding area by maintaining a secure environment, where the safety of all is balanced with the rights of the individual. Sarah Lawrence Campus Safety Staff adhere to a Campus Community Engagement Philosophy, where our Campus Safety Officers are expected to have positive interactions with our community daily, to enhance the quality of life of the entire college community and its immediate surrounding area by maintaining a safe environment in an all hazards approach in responding to Security, Fire, Emergency Medical and Service calls. The Department strives to accomplish its mission while adhering to its core values of Service, Courtesy and Respect. The success of this mission depends upon an effective working relationship between Campus Safety Officers and the diverse population of Sarah Lawrence College Community, including students, staff, faculty, visitors and surrounding community. Critical to this relationship is mutual respect. Therefore, we pledge to respect the diverse needs and interests of the community we serve while being vigilant in the protection of both persons and property. In return, we ask that our partners in the community assume their individual and collective responsibilities to make Sarah Lawrence College a Safe Campus with the goal of providing a safe haven that fosters an oasis for learning.



Sarah Lawrence College Campus Safety measures include the following:

- 24/7/365 All-Hazard Campus Safety Services
- Campus Safety vehicle, foot patrols and stationary post - clearly visible conducting proactive All-Hazard patrols
- Swinford Communications Center staffed 24/7/365 to answer emergency line and communicate with Officers in the field.
- Card Access Control / Fire, Intrusion and Burglar alarms / Surveillance Cameras throughout the Campus, Sprinkler systems.
- Emergency phones located throughout the campus
- Campus Safety operated Campus and Train Shuttle service
- Safety & RADD workshops
- CPR / AED / Basic First Aid Training
- Defibrillators on campus
- Campus Alert emergency notification system (email, text, phone) available to all students, faculty, and staff

Swinford Annex Campus Safety Communications Center (located on the first floor of Swinford Annex) is staff 24 hours a day, 365 days a year and is the central dispatch location for Campus Safety which includes traditional security concerns, Fire Alarm Calls, Emergency Medical Calls and Calls for Service - (Key assist / questions about shuttle services). Supervisors and Officers assigned to the Communications center monitor the emergency and non-emergency phones, campus alarms, Campus wide CCTV, access control and campus vehicles and shuttles via GPS.

## **Emergency Notification System**

Sarah Lawrence College uses Rave Mobile Safety for its emergency notification system. Rave is one of the largest and most respected providers of emergency alert systems to colleges throughout the United States. Rave Mobile Safety is able to deliver messages to students' Sarah Lawrence email addresses and cell phones.

All students, staff and faculty are automatically placed into the system (as long as the college's IT department has your cell phone #) and do not need to manually input their data.

# CAMPUS LIFE AND STUDENT INVOLVEMENT

## Building A Community



### **Office of Student Involvement and Leadership:**

The mission of the Office of Student Involvement and Leadership (OSIL) is to enhance and support the co-curricular experiences of Sarah Lawrence students through involvement opportunities, social activities, and leadership development programming. Tremendous learning happens through involvement in the campus community, and the office seeks to support those experiences through the services and programs we provide. The office's main focus is on helping students get involved and connected on the Sarah Lawrence campus through whatever avenue fits best with their interests and goals.

We have a variety of different organizations, ranging from performance, arts & crafts, jobbies, activism, sport related, identity organizations, publications, academic interests, and more! Students can browse the list of student organizations on GryphonLink at <https://getinvolved.sl.c.edu/organizations>.

Getting involved is a great way to meet people, but sometimes it's out of your student's comfort zone. That's where you come in! Encourage them to take that step by attending an event, joining a group, going to an academic talk, or connecting with folks in their Residence Halls. We tell students all the time that college is what you make of it, so just own that it might be awkward at first, and do it!

# Diversity, Equity, Inclusion, and Belonging (DEIB)

Diversity, Equity, Inclusion, and Belonging (DEIB) staff plans and presents student-centered programs and events that focus on all aspects of diversity, including but not limited to race, ethnicity, socio-economic status, sexual orientation, gender, gender identity and expression, religion, immigration status, and mental/physical ability.

The office is known on campus for its dialogue series, Real Talk @ SLC, which is a by-students-for-students program focused on understanding and accepting intersectionality.

DEIB is associated with the many identity groups active on campus, listed above, and their office helps to maintain the Identity Spaces on campus, including the Spiritual Space, Common Ground, LGBTQIA+ Space, and the Food Sharing Space.

## Diversity Advisory and Programming Subcommittee

The Diversity Advisory and Programming Subcommittee (DAPS) is the advisory, programming, and funding body of the Office of Diversity, Equity, and Inclusion. Together with students, student organizations, and staff from across Sarah Lawrence, DAPS strives to continue building a community in which all students are supported, valued, heard and can thrive.



# Residential Life

Residential Life at Sarah Lawrence is dedicated to building and fostering community, providing resources, managing housing related concerns, and keeping college residences safe and well supported. We take a residential education approach to our work, focusing on educating students on how to live safely and well in a shared community of which they are all equally part. Through this, we teach and reinforce essential life skills like agency and accountability as well as help prepare students to live, thrive, and drive change in a rapidly evolving world.

Residential Education seeks to teach people how to live well and to enhance their academic experience by providing an enriching residential environment that leads to academic and personal growth. Through learning opportunities and programs for students outside of the classroom, Residential Education programming teaches valuable skills for their personal and professional lives. Our curriculum will be crafted to address various aspects of well-being, connect residents to campus and community partners, assist residents with building their confidence and competence in various skill sets, and help them navigate living independently and interdependently.

We implement Residential Education through multiple processes. Out of our office, we are looking to build a series of passive and active programming that exhibit our themes of well-being and provide educational opportunities to residential communities. We also abide by a conduct process that focuses on the educational aspect of handbook violations. Our office also provides opportunities to our RAs for their own growth and development professionally. Through their dedication to the community, we also empower our RAs to utilize our principles of well-being and skill development to provide engaging peer to peer programming.

For more information, students may reach out to the Office of Residential Life.







# PREPARING FOR THE FUTURE CAREER DEVELOPMENT AND OPPORTUNITIES



## Career Services

The Office of Career Services provides assistance with career development and exploration to current students and recent graduates. The office offers several resources that students can start utilizing the moment they join the SLC community.

Career Services offers one-on-one advising appointments. Students can make an appointment for an in-person or online session with one of our career advisors through Handshake, our online platform. Students receive individualized feedback on resumes, cover letters, internship and job search strategies, networking, and interviewing skills.

The Office of Career Services realizes that real world experience is an essential part of skill and career development and encourages students to find internships starting in the summer after their first year. There are several opportunities for students to find internships through this office including our Internship and Volunteer Fair; networking events such as the Internship Initiative Program, Employer Site Visits, and Employer/Alumni Panels; Handshake; or use of our one-on-one appointments. Previously, our students have interned for companies and organizations such as the American Civil Liberties Union, Simon & Schuster, Late Night with Seth Meyers, The Late Show with Stephen Colbert, Mount Sinai, iHeartRadio, the Guggenheim, the International Rescue Committee and more.

Additionally, students may receive academic credit for an internship through fieldwork overseen through their chosen professor or through the SLC EmbeddEd practicum course.

Students who meet eligibility requirements may apply for a Travel Stipend to help offset commuting costs to an unpaid or low paid internship.

<https://www.sarahlawrence.edu/student-life/career-services/internships.html>

Career Services also provides opportunities to speak with our expansive alumni network. Students are encouraged to sign up for SLCCconnect, which allows them to engage with alumni and other students in their prospective field.

In partnership with the Office of Alumni Relations, the Office of Career Services hosts alumni networking events both on campus and in NYC for students to meet with SLC graduates thriving in their fields.



## Global Education - Study Away Programs

Sarah Lawrence students also have other growth opportunities with our many opportunities both abroad and in the U.S.

The Office of Global Education runs semester and year long programs in Cuba, France, Italy, Japan, UK and the Netherlands. Students may also study at other institutions in the United States. Some of our programs offer specific areas of study such as Theater at the British American Drama Academy in London, England or Filmmaking, Music, Theater, and the Social Sciences in Paris, France at Sorbonne Université, Université Paris Cité, or Sciences Po. Other programs offer a wider liberal arts curriculum.

Students have the opportunity to spend up to one year abroad, either through one year-long program or two different semester-long programs. There are also options for shorter programs for students who wish to only spend a summer away.

If a student is interested in studying in a country in which Sarah Lawrence does not have an established program, the Office of Global Education can assist in finding non-Sarah Lawrence programs. In these situations, however, the student's financial aid package will not be guaranteed. Scholarships are available through some non-SLC programs depending on student need.

Students should consult with the Global Education Office and their dons to plan the best time during their education to go abroad and which program would be best for their interests and development.

The Office of Global Education works with Access and Disability Services to ensure students with differing abilities have the accommodations that they need to succeed in other cultures and countries.

For further information, students may contact or visit the Office of Global Education which is located in Swinford House on Mead Way.



## Prehealth Program

The Prehealth Program in the Dean of Studies Office strives to guide and support students each step of the way as they explore and pursue a career in the health professions. Through individual advising, group advising sessions, workshops, and programming, the Prehealth Program provides students with a rich array of academic and advising resources and support. The goal is for students to feel connected, integrated, and supported by our pre-health community of students, faculty, and staff.

The Prehealth program partners with faculty and many campus offices to offer prehealth students academic guidance and scholarly opportunities, access to clinical, research, and community programs, and support preparing for application to health professional programs. Students in the program have significant contact with the pre health adviser, Dean Melinda Perlo Cohen to receive guidance and support.

### Prerequisites and Recommended Classes

To meet the course requisites for the majority of health professional schools in the United States, students supplement required courses in biology, chemistry, and physics with additional courses offered by the division, as well as courses in social sciences and the humanities. This coursework will also prepare students to successfully complete the standardized entrance exams (e.g. MCAT, DAT) required by medical and dental schools. In addition, conference work provides students with opportunities to develop original research projects, pursue independent learning, and critically examine professional literature—skills fundamental to future success in health professional programs. More information about academic preparation for health professional programs can be found on the [Prehealth program site](#).

### The Student Pre-Health Alliance of SLC

The Prehealth Alliance, our college’s prehealth student organization, serves to promote a community for prehealth students to engage with one another. The alliance is governed by a student board to encourage leadership and teamwork. The Alliance meets bi-weekly and engages in a variety of activities, such as study groups and workshops. In addition, they cosponsor an annual alumni program in the spring open to the entire Sarah Lawrence Community. The Alliance board members also serve as an advisory board to the prehealth program, advised by Dean Melinda Perlo Cohen. The advisory board ensures strong lines of communication between student leadership and the administration to meet the interests and needs of the student community. Students interested in joining the Pre-Health Alliance, should contact [prehealthcommunity@gm.slc.edu](mailto:prehealthcommunity@gm.slc.edu).

### **Orientations, Workshops, Guest Speakers, and Other Programs**

Each year, the Prehealth Program offers an array of workshops and programs to guide and support prehealth students and alumni, including an annual event with the Office of Alumni Relations. During registration week, the Prehealth program hosts an orientation session for all incoming students as well a session dedicated to returning students. Throughout the year, there are several workshops and programs geared towards supporting students and alumni preparing for their application to medical school.

### **Committee Letter of Evaluation**

Sarah Lawrence students and alumni applying to medical and dental schools are eligible to receive the College's Committee Letter of Evaluation. This institutional letter is composed by our college's pre-health advisory committee which includes our science faculty and administrative deans serves to holistically assess an applicant's level of preparedness and fit for entry into his/her/their desired health professional program. Our Committee Letter of Evaluation is highly valued by health professional schools' admissions committees.

Applicants wishing to receive a Committee Letter of Evaluation must declare their intent to apply in the fall semester prior to the summer in which they plan to apply to medical or dental programs (for example, applicants wishing to apply to medical school in the summer of 2019 to matriculate in 2020, must inform the Prehealth dean of their intent to apply in fall 2018). For more information, students should contact the prehealth program at [prehealthprogram@sarahlawrence.edu](mailto:prehealthprogram@sarahlawrence.edu).

### **What To Do Next**

Students wishing to join the prehealth program should visit the [program website](#) and check out the 'Getting Started' checklist to connect with the program and its resources. Students can also email any questions to [prehealthprogram@sarahlawrence.edu](mailto:prehealthprogram@sarahlawrence.edu).





# Welcome to an enriching chapter in your family's story with Sarah Lawrence.

We are excited to support your student's academic journey and personal growth at Sarah Lawrence College. This handbook serves as a resource for you to understand the college's offerings and how you can be a supportive partner in your student's college experience.

For FAQs and other information for students, parents, and families, visit the Sarah Lawrence College First Year Experience website at <https://www.sarahlawrence.edu/new-students>.

SARAH LAWRENCE COLLEGE  
**FIRST-YEAR**  
*experience*







# CONTACT US

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[www.sarahlawrence.edu/newstudents](http://www.sarahlawrence.edu/newstudents)

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